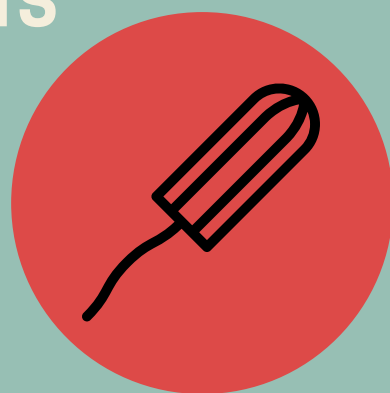


# 5 HIKING ESSENTIALS FOR WOMEN

Tough women need to take care of themselves while in the wild. Don't let your time of the month keep you from nature! These 5 products will help you stay active and most importantly outdoors!

## NON-APPLICATOR TAMPONS

With no applicator included, these tampons save valuable space in your pack. It also means carrying less out of nature to follow the leave-no-trace rule! Win-win!

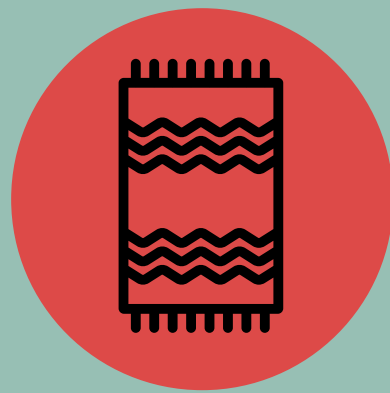


## DIVACUP

Leave-no-trace! No problem! DivaCup is a waste free alternative to tampons and pads. Reusable, easy to clean, and discreet!

## KULA CLOTH

An antimicrobial pee cloth! Gone are the days of packing rolls of toilet paper! With this handy cloth, you never have to drip dry again!



## GOGIRL FEMALE URINATION DEVICE

Never expose yourself to the elements again! This useful device allows you to pee standing up! Don't squat when you can stand!



## BIODEGRADABLE WET WIPES

Stay clean and protect the Earth! Most wipes contain non-biodegradable plastics which can take 100 years to break down. Save the environment instead and opt for the biodegradable version!

